



CANTEEN - WINTER MENU 2016



Canteen Managers : **Sindy Smith & April Schubert** - Phone: 02 6048 0315 (after 9am)



Brown Paper Lunch Bags are an extra 10c each

LUNCH ORDERS are available EVERY day
HOT DOGS are the ONLY item available on Wednesdays for lunch
Place your order in the canteen slot before school



WINTER WARMER SOUP

Soup only	\$3.00
<i>Soup flavour will change weekly, tune into Compass</i>	
Soup with a roll	\$3.50

PASTA & MEATBALLS

Short pasta with meatballs in tomato-based sauce

TOASTED SANDWICHES

Toasted Cheese	\$2.20
Toasted Ham & Cheese	\$3.50
Toasted Ham, Cheese & Tomato	\$3.70
Toasted Spaghetti & Cheese	\$2.50
Toasted Chicken Strip Wrap	\$5.00
<i>(mayo, strip, tomato & cheese)</i>	

HOT DOGS (Wednesdays Only)

Hot Dog with Sauce	\$3.00
Hot Dog & Fruit	\$3.50
½ Hot Dog & Sauce	\$2.00
½ Hot Dog & Fruit	\$2.50



Volunteers are welcome to assist in the canteen:

- * lunch preparation 10am - 12pm
- * snack sales 2pm - 3pm



SANDWICH* FILLINGS

*rolls extra \$0.50	
Buttered Roll	\$0.80
Vegemite or Jam	\$1.50
Cheese	\$2.00
Egg & Lettuce	\$2.50
Ham, Cheese & Tomato	\$3.50
Chicken lettuce and mayo	\$3.50



HOT FOODS

Tomato Sauce is EXTRA 20c

Chicken Nuggets	\$0.50
Chicken Strips (crumbed chicken tenders)	\$1.50
Cocktail Frankfurts (3 per serve)	\$1.20
Hash Browns (Gluten Free)	\$0.70
Hot Cup of Noodles - Beef or Chicken	\$2.50
Lasagna/ Macaroni Cheese	\$4.00
Party Pies (Lite)	\$1.00
Party Sausage Rolls	\$1.00
Pizza	\$2.50
Pies - Beef (Lite)	\$3.00
- Potato Topped	\$3.50
Sausage Roll (Bakery Fresh)	\$3.00
Steamed Dim Sims (3 for \$2.00)	\$0.70



BURGERS



Chicken Burger - Chicken, Cheese, Lettuce & Mayo	\$4.00
Beef Burger - Beef, Sauce & Cheese	\$4.00
** extra salad items may be added for \$0.50	

COUNTER SALES (daily 2.00-2.30pm)

Offering a range of healthy snacks
Items range in price from 50c to \$2.50

Steamed Dim Sims, 2 for \$2 (new at snack time)
As items are priced low, we recommend a **\$1 limit** for younger students and **\$2.50** for older students



DRINKS

Hot Chocolate	\$1.00
Apple Juice 100% 200ml	\$2.00
Apple & Blackcurrant Juice 100% 200ml	\$2.00
Orange Juice 100% 200ml	\$2.00
Large Apple Juice 500ml	\$3.00
Large Orange Juice 500ml	\$3.00
Up & Go - Choc Ice	\$1.50
Plain Milk	\$1.20
Flavoured Milk 300ml	\$2.00
.....choc, vanilla and strawberry	



All juices have no added sugar

*The canteen offers foods with **No artificial** flavours or colours*

